

Activities I Can Do at Home with My Toddler for



Learning Themes:
4th of July/Ocean fun/Sports
Holiday: July 4th

Learning Concepts:
Big motor play, ocean/outdoor fun, traditions (4th of July),
Stamping, and Lacing

These are not date-specific, so you can pick whatever works for your family. You may want to try them all or pick a few favorites to do more than once. The idea is to have fun.

1. Go to the Marine Science Center in Poulsbo or an Aquarium (Seattle, Point Defiance Zoo) or watch an aquarium live on the internet
2. Book: Leo Can Swim [Leo Can Swim - Read Aloud, Story Books for Story Time - YouTube](#)
3. Sensory Play: Outdoor Play
4. Put on music and dance with scarves, ribbons, yarn, or a hula hoop
5. Song: Animals in the Ocean: https://www.youtube.com/watch?v=6-xqosckJ5c&list=RD6-xqosckJ5c&start_radio=1
6. Gross Motor: Throw rocks into the water
7. Pack a picnic lunch and eat outside
8. Book & Song: Baby Beluga: [Baby Beluga by Raffi - Read by Sam from Valley of the Moon Learning - YouTube](#)
9. Go on the Outdoor Scavenger Hunt
10. Art: Paper plate frisbee: Decorate a paper plate; color, stickers, glue, glitter, stamps, and glue on pictures you cut out. When done, cut a hole in the middle and let them throw their frisbee.
11. Book: Peep and Ducky; [Peep and Ducky - YouTube](#)
12. Pack a bag as if you are going to the beach; take it outside or go to the beach
13. Sensory: Sand: Put sand in a bin. Add rocks, shells, scoops, spoons, a bucket, a variety of small containers, and sand toys. Second week, add water to your sand and have them mix it up. Make sand sculptures.
14. Song: Sports: This is the Way; We kick a ball, spin around, hop like a bunny, run around, and throw a ball so early in the morning.
15. Fine Motor: Squirt with a Spray bottle: Fill a spray bottle with water and let them squirt things.
16. Carry a Bucket Full of rocks, water, or sand
17. Book: Animals of the Salish Sea- Add a link to Nicole and Lizzie
18. Pretend Play Bin: Sunglasses, Umbrella, Beach Chair, Beach Bag, Towel, Hat, Bucket, Shovel, Beach Ball, Kiddie Pool, or a big container with water to splash or sit in.
19. Sort items into two or more bowls: rocks, shells
20. Paint a rock and put it in your garden or give it to someone.
21. Soccer Song CoComelon; [Soccer Song \(Football Song\) | CoComelon Nursery Rhymes & Kids Songs - YouTube](#)
22. Gross Motor: Throw or Kick a Beach Ball
23. Snack: Fruit Kabobs
24. Do the finger play Five Little Fish (see below)
25. Art: Ball painting; Put a piece of paper in the bottom of a bin. Squirt a dab of paint in the bottom. Put a ball in the bin and roll it around in the bin (Koosh ball, golf ball)
26. Gross Motor/ Music: Baseball, Football, Basketball Song
27. Fine Motor: Pool Noodle Ring Stacker: Cut up a pool noodle into 2-inch rings. Have them hold a paper towel roll horizontally and put noodles on. Have them hold paper towel roll vertically and put noodles on.
28. Read a book about fish, the beach, or summertime.
29. Dance to the music: Take Me Out to the Ballgame
30. Sensory: Fill a basket or pool with different textured, sized balls and let them climb in and bury themselves in the balls.

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Vocabulary:

Red	Shark	Turtle	Rock	Squirt	Swimming	Baseball	Throw
Yellow	Bubble	Beach Ball	Towel	Wet	Heavy	Soccer	
Blue	Shell	Sunglasses	Shovel	Scoop	Drip Drip	Basketball	
Crab	Boat	Bucket	Dump	Dry	Light	Bounce	
Fish	Sand	Water	Hat	Pop	Football	Kick	

Five Little Fish Finger Play

Five little fishies swimming in a pool
(Wiggle five fingers)

The first one said, "The pool is cool."
(Show one finger,
Then wrap arms around body)

The second one said, "The pool is deep."
(Show two fingers,
Then hands measure 'deep')

The third one said, "I want to sleep."
(Show three fingers,
Then rest head on hands)

The fourth one said, "Let's take a dip."
(Show four fingers,
Then hands 'dive' into the water)

The fifth one said, "I spy a ship."
(Show five fingers,
Then form scope with hands to peer through)

Fisher boat comes,
(Form 'V' with fingers,
Then move hands away from body)

Line goes kersplash
(Pretend to throw fishing line)

Away the five little fishies dash
(Wiggle five fingers away)

Sports Song/Fingerplay sung to the tune of "Frère Jacques."

Baseball Player

Baseball player, baseball player

Swing the bat, hit the ball (Pretend to swing a baseball bat.)

Run around the bases, run around the bases (Pretend to be running.)

Homerun, homerun

Football Player

Football player, football player

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Throw the ball (Hold one hand back like you are going to throw a football.)

catch the pass. (Pull both hands to the chest as if catching a football)

Run and don't get tackled, run and don't get tackled. (Pretend to run.)

Touchdown, touchdown (Hold both arms straight up to signal a touchdown.)

Basketball Player

Basketball player, basketball player

Dribble the ball

down the court (Pretend to be bouncing a basketball.)

Stop and shoot a basket, stop and shoot a basket. (Pretend to shoot a basketball.)

Two points, two points. (Hold up two fingers.)

Play Time Actions to the tune Mulberry Bush

This is the way we throw a ball, throw a ball, throw a ball,

This is the way we throw a ball, during playtime

2. Kick a ball
3. Run around
4. Spin around
5. hop like a bunny
6. stretch up high