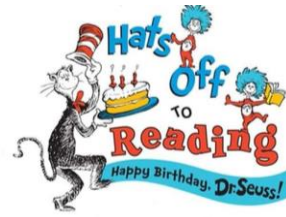




Activities I Can Do at Home with My Toddler for

MARCH



<p><u>Learning Themes:</u> Spring Cleaning & Self-Care: Teeth Brushing, Sleeping, Eating, Bathing, Dressing</p>	<p><u>Learning Concepts:</u> self-care, assisting with housework/chores, pretend play, sharing/trading, taking turns, and imitation</p>
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These are not date specific, so you can pick whatever works for your family. You may want to try them all or pick a few favorites to do more than once. The idea is to have fun.

1. Blow bubbles while you go to a car wash
2. Fill a laundry basket with clothes and have your child push it to the laundry room
3. Give your child a washcloth at bath time: Label body parts and have them point or wash them
4. Read a Dr.Seuss book: <https://www.seussville.com/educators/dr-seuss-birthday/>
5. Throw cotton balls on the floor and have them sweep them up; dustpan, hand broom, cotton balls
6. Let them brush their teeth while sitting in the high chair after lunch
7. Spray bottle with water; have them spray and wash a window, or you can do it outside (wash their car)
8. Eat a rainbow fruit snack: Strawberries, Oranges, Banana, Grapes, Blueberries
9. Let your child help undress at bath time or in the morning when getting dressed.
10. Brushing teeth song: www.pinterest.com/pin/9640586684484107
11. Let your child scoop their food onto their plate at mealtimes
12. Sensory: Make mud in a bin and put a few cars in the mud. Have them clean off the cars with water.
13. Let them play with pots, pans, and spoons when you are cooking
14. Put foam soap or shaving cream on the window and let them play in it; Have them wipe off when done.
15. Put out two or three clothing choices, pants, and a shirt, and let them pick out their outfit for the day.
16. Outside: Help clean up the yard, rake, pick up branches or sticks, and put them in a box
17. Dance to the Video "Brush Your Teeth Beat with Mickey Mouse"
www.youtube.com/watch?v=FA8O_FfOCfk
18. Listen to the story: "Bedtime for Baby Shark" www.youtube.com/watch?v=8wLaCx5KKTg
19. Sensory: Wash dishes in a bin or your sink
20. Listen to some lullabies to get ready for bed
21. Go outside and play; have them zip up their coat, put on their hat, put on their shoes or boots
22. Color a picture of a bunny and glue cotton on his tail.
23. Sensory Bin: Easter grass, plastic eggs, put items in plastic eggs, basket; open and close eggs
24. Read a book about bedtime routines or sleep before bedtime or nap
25. Make a kite; Cut out a diamond on paper and decorate it, add a piece of yarn for the tail
26. Snack: Green foods for St. Patrick's Day; granny smith apple, grapes, kiwi, cucumber
27. Put empty laundry basket in the room; have child climb in, or you put them in and give them a ride, words to use; "push, pull, turn, around and around, spin, stop, go."
28. Hide plastic eggs and have them go on an egg hunt; practice as Easter is April 17th
29. Sing: *This is the Way We Sweep the Floor, Sweep the Floor, Sweep the Floor*
This is the Way We Sweep the Floor so Early in the Morning
Add your own verses for your daily routines: **Wash the dishes, comb your hair, pick up your toys, wash your face, eat at the table, etc.**



Wash your hands song

Twinkle twinkle little star

Look how clean my two hands are

Soap and water, wash and scrub

Get those germs off rub-a-dub-dub

Twinkle twinkle little star

Look how clean my two hands are

Bath Songs

Credit goes to: [Bath Song + More Nursery Rhymes & Kids Songs - CoComelon - YouTube](#)

(Sang to the tune of Itsy Bitsy Spider)

I jump into the bathtub; it's time to get all clean

I'll be the cleanest kid that you have ever seen

The soap and the bubbles are filling up the tub

So I'll jump into the water and scrub, scrub, scrub

(Sang to the tune of Baby Shark)

Wash my arms do do do do do do

Wash my arms do do do do do do

Wash my arms do do do do do do

Wash my arms

Add another body part to the beginning of the song:

Wash my tummy, Wash my hair...legs, feet, hands, tummy, neck, etc

You can also add in other daily routines:

Brush your teeth, Eat your lunch, Go to Bed, Take a bath, Getting Dressed, Read a Book, Play with Toys, etc.

