



Activities I Can Do at Home with My Toddler for

February

Learning Themes:

Occupations/Hearts/Feelings

Learning Concepts:

Community heroes, positive relationships, role play, colors, cause and effect, matching, identifying body parts, self-help skills, big/little & graduated sizes

These are not date specific, so you can pick whatever works for your family. You may want to try them all or pick a few favorites to do more than once. The idea is to have fun.

1. Put a strip of tape on the floor: Walk on the line, hop over the line, walk one foot in front of the other
2. Push pipe cleaners through holes in a colander, or parent put pipe cleaners in the holes and have kids pull them out
3. Make a thank you card and send it to a community helper: vet, doctor, mailperson, fireman, etc.
4. Read a book about love or valentine's day
5. Play with a wind-up toy
6. Push a car back and forth
7. Take a drive and look for construction vehicles, watch them work
8. Play doctor or vet with a doll or stuffed animal
9. Peel band-aids and put them on you or a piece of paper
10. Sing Peter hammers but put your child's name in instead. Pound fist on the floor for one hammer, Pound 2 fists on the floor for two hammers or use your feet for more hammers
11. Snacks: Use items which are colored red or pink; raspberries, strawberries, raisins, watermelon
12. Pound golf tees into an empty egg carton or a piece of Styrofoam
13. Work on them folding a piece of paper, color and make a card
14. Sort items by color: Put a piece of red and blue paper on the floor. Find items of the same color and set them on the correct paper
15. Snack: Pudding and crushed graham crackers make mud
16. Read a book on occupations or construction
17. Sensory table: Car wash: Soapy water, sponge, cars
18. Race a car down a ramp or a tube; See which car will go the farthest
19. Go outside and ride a bike, scooter, ride in a wagon or stroller
20. Build a garage for your cars and trucks
21. Make a slit in a box and put folded paper or envelopes in like mail
22. Make a car out of a big box with a paper plate steering wheel
23. Kick a ball
24. Cut out hearts with cookie dough or playdough
25. Make a valentine and take it or mail it to someone
26. Make a line road on the floor for cars to follow
27. Sensory table: Beans or sand in a table with dump trucks, trucks, cars, shovels
28. Snack: Cut a heart out of bread or toast; Have child spread on jelly or strawberry cream cheese