

Activities I Can Do at Home with My Toddler for

JANUARY

<p><u>Learning Themes:</u> Winter Weather and Dinosaurs</p>	<p><u>Learning Concepts:</u> Hot/Cold; Dressing; Big/Little; Graduated sizes; Snipping with scissors (use playdough scissors)</p>
--	--

These are not date-specific, so you can pick whatever works for your family. You may want to try them all or pick a few favorites to do more than once. The idea is to have fun.

1. Make hot cocoa, stir it, drink it
2. Cotton ball sensory; cups, bowls, spoons, kitchen tongs, cotton balls
3. Make fake snow (See recipe in play-based recipes on our website)
4. Draw a snowman on a box. Cut out center hole, toss a ball into the hole
5. Freeze plastic dinos or other animals in applesauce containers
6. Read a book about winter or snow
7. Talk about cold, find and touch cold items
8. Paint with ice cubes
9. Hide dino in playdough, make dino foot & tail prints
10. Stomp like a dinosaur while listening to music
11. Winter dress up; hats, scarves, boots, gloves, mittens, snow bibs
12. Scarf dance to music
13. Paint with foam soap or shaving cream
14. Talk about hot things, find them in your home together
15. Blow a cotton ball off your hand and pretend it is snow!
16. Sensory: Birdseed with plastic dinosaurs, sticks, greenery, paintbrush
17. Take the birdseed outside and sprinkle it on the ground for the birds
18. Snack: Dump items in a pot and make soup, then eat it
19. Snack: Eat a snowman: Bananas(body), pretzels (arms), raisins eyes
20. Snack: Dinosaur chicken nuggets
21. Snack: Dinosaur: ½ waffle, banana neck, pineapple for spikes
22. Read a dinosaur book
23. Pretend to play: Cup, spoon, plate Have a tea party with your stuffed animal
24. Matching game; a pair of socks, two plastic spoons, or mittens (use items you have two of in your home)
25. Build a cave for your dinosaur or stuffed animals out of boxes, blocks, laundry baskets, pillows
26. Snow tracks; Run car wheels through white paint or foam soap on paper
27. Draw a mountain on a piece of paper; paint with chocolate pudding (lava) stick stickers on your paper
28. Print out a dinosaur picture and color it
29. Make up a dinosaur song: Swish your tail, stomp your feet, roar, munch
30. In & Out; Stuff things in a mitten, then pull them out

