



Activities I Can Do at Home with My Toddler for

DECEMBER

Learning Themes:
Winter/Music/Celebration

Learning Concepts:
Matching shapes, sorting and identifying shapes, open/shut, in and out, listening for environmental sounds

These are not date-specific, so you can pick whatever works for your family. You may want to try them all or pick a few favorites to do more than once. The idea is to have fun.

1. Use cookie cutter shapes with your playdough
2. Play with peppermint rice
3. Make an instrument: fill a water bottle with jingle bells or rocks and shake
4. Play with a roll of scotch tape
5. Snack: Make a reindeer trail mix (cereal, pretzels, marshmallows, raisins)
6. Decorate a graham cracker or cookie
7. Go for a drive at night and look at Christmas lights
8. Read your favorite holiday book
9. Make wrapping paper (decorate white paper color, stickers, stamps, paint)
10. Sensory table of Christmas: garland, tape, paper, boxes with things in them, ornaments
11. Dance to music
12. Scavenger hunt: find circle's, squares in your home



13. Get a stocking and put things in and pull them out
14. Stack boxes
15. Tear construction paper and glue it on a cutout tree
16. Draw a tree on a box lid, cut out small holes, poke colored pom poms in the holes
17. Decorate a card and mail it to someone
18. Call someone on the phone (pretend or real)
19. Snack: Circles and squares (cutie oranges and crackers)
20. Go outside and collect tree cones and evergreen branches
21. Wrap a box with paper, tape, and ribbons
22. Make an ornament and hang it on your tree
23. Lick a candy cane
24. Take a picture of your child
25. Unwrap a present
26. Listen to music; sing along
27. Have a pajama day
28. Watch a Christmas show
29. Peel off stickers and put them on paper
30. Make an obstacle course, climb under blankets, in boxes, go around a chair

