The Goldfish Song by Laurie Berkner

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Latest songs and skills update

Liddy Paasch and Debi Hagardt

The Catch of the Day

Not all songs are for group singing!

This amazing song by Laurie Berkner has been a favorite in the Little Singers class that Debi and I taught. It involves movement, music, pretend play, and silliness.

Debi and I recorded it – you can listen to us sing *The Goldfish Song* from beginning to end. Our tiny students enjoyed acting out to swimming, brushing their teeth, riding a bicycle, and sleeping. It's not a great singalong song, but it makes up for it with actions and alternating rhythms for a hilarious look at what fish do and don't do.



Pretend play and a lively song make for some magical moments in your child's development. Boost the magic by joining in and acting out the song. The more you laugh and enjoy the experience, the more fun it is for your child.

The lyrics and actions in this song reinforce some basic language and self-help skills, such as:

- Body parts
- Left and right
- Fast and slow
- Brushing teeth
- Taking a shower
- Taking a nap

Holly Ridge Center Education Department At Home Learning



Unleash your inner shark with this fun, act-it-out song.

The Goldfish Song - lyrics and song by Laurie Berkner

Lots of little fish were sleeping on a rock In the bottom of the ocean They lifted up their heads And they shook out their tails And they said *let's go swimming*

Let's go swimming, let's go swimming Yeah, let's go swimming Let's go swimming, let's go swimming

In the bottom of the ocean Then the little fish got so very, very tired That they came back to the rock They put down their heads And they put down their tails And they took a little nap And when they woke up They were a little bit dirty So they took a shower And they washed their hair And they washed their ears And they washed their tummies And they washed their very long fishy beards And they washed their noses And they washed their toeses And then they said "Wait a minute. We're fish! We don't take showers!"

Let's go swimming, let's go swimming Yeah, let's go swimming Let's go swimming, let's go swimming In the bottom of the ocean

Then the little fish got so very, very tired That they came back to the rock They put down their heads And they put down their tails And they took a little nap And when they woke up They decided to ride their bicycles



Then the little fish got so very, very tired That they came back to the rock And they put down their heads And they put down their tails And they took a little nap And when they woke up They decided to brush their teeth! So they got out their toothbrush And their toothpaste And they squeezed a little on They really liked the taste Then they put it in their mouth They brushed north and south Chick-a-chee-chick-a-chee-chick-a-cheechick-a-chee Chick-a-chee-chick-a-chee-chick-a-cheechick-a-chee

And then they said, *"Wait a minute, we're fish! We don't brush our teeth:* Let's go swimming, let's go swimming Yeah, let's go swimming In the bottom of the ocean Let's go swimming, let's go swimming Yeah, let's go swimming Let's go swimming, let's go swimming In the bottom of the ocean!

Find a place to be 'the rock' where the fish sleep, like the couch or a blanket on the floor. If you play this outside, make sure the 'rock' is a soft landing: an air mattress or picnic blanket might be good rocks for the goldfish to nap on.

Help the very little ones with actions for swimming: windmill arms are easier than breaststroke arms.

If you can get the whole family involved, this song is hilarious. Plan on acting it out in large space. It calls for running around in circles and general silliness, so make sure you have soft places to land. So they rode to the left And they rode to the right And they rode all day And they rode all night, night, night, night, night They rode down the hill And then faster still And then they said,

> "Wait a minute, we're fish! We don't ride bicycles!"

Let's go swimming, let's go swimming Yeah, let's go swimming Let's go swimming, let's go swimming In the bottom of the ocean