

Snow Painting

This activity can be done in a few different ways. You can have your child use thick paper, a paper plate, or cover a surface with paper and let them paint away.

When we paint in small groups, we would put paint in small individual containers and 'trade' for other colors. This gives an opportunity to work on sharing, engaging, and use of language. We also keep the colors to three max (white, blue, purple, for example). White is a great color to have as a choice as it will change the other colors.



Materials Needed: Paper (paper plate, thick paper, cardboard, etc.), Washable tempera paint in 3 colors, small bowls for paint, paintbrushes, Epsom salt, glue, a cover-up for clothes.

How to: This activity is a multi-step activity. First, you want to cover the paper with paint. The more paint, the better. Once it is a bit dry, you will add glue to the top of the paint. Using a brush or fingers, smear the glue over the paint. Finally, sprinkle Epsom salt over the glue. Epsom salt is bigger, flakier than table salt, and it adds a nice sparkle and texture to the painting. Just like snow sparkles in the sun, so will their paintings.

Developmentally this activity encourages language practice – using simple one-two-word phrases. Dab-dab, swoosh, it's wet, fingers, poke-poke, circle, naming colors – blue circles, white paint, sprinkle, crunchy, oh WOW! Use emotion when you are describing and modeling. Those emotions will help the memory of the activity. The next time you paint, your child will have some of those memories to begin with, and you can build from there. This activity also helps in the areas of fine motor – eye-hand coordination, holding a paintbrush, controlling the paper, using fingers to paint, or spread the Epsom Salt. Once dry and on display, you and your child can view the art and use those words to reinforce their knowledge from the experience.

<https://stayathomeeducator.com/sparkly-mixed-medium-winter-paintings/>