

Activities I Can Do at Home with My Toddler

JANUARY

<u>Learning Themes:</u> Winter Weather and Dinosaurs	<u>Learning Concepts:</u> Hot/Cold; Dressing; Big/Little; Graduated sizes; Snipping with scissors (use playdough scissors)
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These are not date specific, so you can pick whatever works for your family. You may want to try them all or pick a few favorites to do more than once. The idea is to have fun.

1. Make hot cocoa, stir it, drink it
2. Cotton ball sensory; cups, bowls, spoons, kitchen tongs, cotton balls
3. Make fake snow (See recipe in play-based recipes on our website)
4. Draw a snowman on a box. Cut out center hole, toss a ball into the hole
5. Freeze plastic dinos or other animals in applesauce containers
6. Read a book about winter or snow
7. Talk about cold, find and touch items that are cold
8. Paint with ice cubes
9. Hide dino in playdough, make dino foot & tail prints
10. Stomp like a dinosaur while listening to music
11. Winter dress up; hats, scarves, boots, gloves, mittens, snow bibs
12. Scarf dance to music
13. Paint with foam soap or shaving cream
14. Talk about things that are hot, find them
15. Blow a cotton ball off your hand
16. Sensory: Birdseed with plastic dinosaurs, sticks, greenery, paintbrush
17. Take the birdseed outside and sprinkle in around for the birds
18. Snack: Dump items in a pot and make soup, then eat it
19. Snack: Eat a snowman: Bananas(body), pretzels (arms), raisins eyes
20. Snack: Dinosaur chicken nuggets
21. Snack: Dinosaur: ½ waffle, banana neck, pineapple for spikes
22. Read a dinosaur book
23. Pretend Play: Cup, spoon, plate Have a tea party with your stuffed animal
24. Matching game; a pair of socks, two (2) plastic spoons, mittens; something you have two (2) of in your home
25. Build a cave for your dinosaur or stuffed animals out of boxes, blocks, laundry basket, pillows
26. Snow tracks; Run car wheels through white paint or foam soap on paper
27. Draw a mountain on a piece of paper; paint with chocolate pudding (lava) stick stickers on your paper
28. Print out a dinosaur picture and color it
29. Make up a dinosaur song: Swish your tail, stomp your feet, roar, munch
30. In & Out; Stuff things in a mitten, then pull them out