



## Sensory Bags

This is an easy, clean activity that can be used repeatedly. Children can do this at a table, on the floor, or in their highchair while you are making dinner. Store in a safe location away from anything sharp so the bag does not get punctured.

This activity allows for great action and descriptive language building, such as “push, slide, pat-pat, poke, naming the items - eyes, nose, arms, leaves, pom-pom, color, squish.” When there is emotion with an activity a child tends to remember it a bit more, be silly, excited, and expressive. Fine motor development is also enhanced through this activity, such as using hands/fingers to maneuver and manipulate items in the gel as well as eye-hand coordination.

**Materials needed:** Gallon Ziploc bags, hair gel (dollar tree - largest, cheapest), items to go inside the bag, and packing or duct tape to seal.

**Ideas for items to go in the bag:** real and fabric leaves, glitter confetti, pinecones (small), food coloring, playdough, slime, dried corn, pumpkin seeds, pumpkin guts, pom poms, googly eyes, etc. Use your imagination!

Directions:

Fill bag with gel, add the items you want to have your child explore. In the past we have done Jack o Lanterns with pieces for the face, we have done color mixing and hung them up in the windows so the kids can mix them together. Dollar Tree is a good source for inexpensive items to put in - sometimes they will have felt kits.

Play with or along side your child with the created bag. Narrate what you are doing with the items and what you find, as well as talk about your child is doing too. Encourage pushing items to different areas of the bag. Perhaps a partial hide and seek game can be had as well.

Example:

<https://kidscraftroom.com/leaf-sensory-bags/>



### LEAF SENSORY PLAY BAGS

LEAF SENSORY PLAY BAGS - a fantastic mess free Fall sensory activity for kids. Explore sparkly oil, water and leaves in a fun and interesting way!

kidscraftroom.com