

# **Art Recipes for Children**

## Uncooked Play Dough

#### Mix together in a bowl:

½ cup flour
½ cup salt
1 TBSP Alum
ADD:
2 cup boiling water
2 TBSP oil
Food coloring (tempra paint, food coloring, kool aid) – you can add flavorings like mint, vanilla, cherry, etc

Mix and knead as bread dough until smooth. Store in an airtight container in the fridge.

#### **Cooked Play Dough**

Combine in saucepan: 1 cup flour ½ cup salt 2 tsp cream of Tartar MIX into saucepan: 1 cup Water 1 TBSP oil Food coloring (tempra paint, food coloring, kool aid) – you can add flavorings like mint, vanilla, cherry, etc.

Gradually stir liquids into dry ingredients. When mixture is smooth cook over medium heat, stirring constantly until a ball is formed. Remove from heat and knead until smooth. Store in an airtight container.

# Microwave directions: DOUBLE THE INGREDIENTS LISTED ABOVE FOR THESE DIRECTIONS

Mix all ingredients together in a microwave safe bowl for 3-5 minutes on HIGH. Stir mixture every minute or so until it is too thick to stir. Remove from bowl and knead until smooth. Store in an airtight container.



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#### **Baked Dough for ornaments**

4 cup flour 1 cup salt 1 ½ cup water 1 tsp Alum

Combine all ingredients and knead about 5 minutes – until smooth. Roll out dough to about ¼ inch thickness – you can use wax paper, silpat, parchment paper or a floured counter. Cut out designs.

Bake 250 degrees for 10-12 minutes. Watch carefully.

These ornaments can be painted, and you can put a clear seal on them using clear spray paint. Great for little handprints, footprints or a keepsake.

#### Finger Paint

½ cup cornstarch
1 cup water
½ tsp salt
3 TBSP sugar
Food coloring

Mix all ingredients into a small saucepan. Heat on low to medium heat stirring occasionally. Once the mixture starts to thicken (about 10 minutes) remove from heat. It will look like the consistency of pudding. Divide into small portions to color. Store in airtight containers in the fridge.

#### Slime (nontoxic recipe)

4 oz white Elmer's Glue
½ TBSP Baking Soda
¼ TBSP Saline Solution (contact lens solution)
Stir and knead together. If it's too sticky, add 1/4 Tbsp of contact-lens solution and mix.

#### **Bubble Juice**

Half a container of store-bought bubble solution Add ½ Cup of DAWN dish soap (blue) Water Mix and store in an airtight container



(I buy a gallon jug of solution, divide it in half and mix).

# Coloring RICE, PASTA or ROCK SALT

Rice, pasta or rock salt Rubbing alcohol Food coloring Paper towels Gallon Ziploc bags

Place your rice in a gallon Ziploc bag Add a few drops of food coloring and a cap or two of rubbing alcohol Seal bag and shake it up – great activity with kids, make sure it is sealed. Add more color if you want it the color to be richer

Open bag and place rice on the paper towels to air dry (I like to use a cookie sheet under the towels to contain the rice easier).

When air dried place in an airtight container (clean Ziploc bag). This will last for forever.

## Muffin Tin Crayons

Miscellaneous broken crayons Mini muffin tin or silicone molds – not used for food again. Oven preheat to 200 degrees Unwrap broken pieces and place into tin or molds – can be like colors or mixed Place in oven. Turn off oven. Keep in oven over night or for a few hours during the day. Remove crayons from the molds. Great way to recycle crayons. Bigger crayons for tiny fingers – require less fine motor skills.