

Kitsap County Early Support for Infants and Toddlers Services/Holly Ridge Infant Toddler Program Services during COVID-19

Holly Ridge website and FB:

- Holly Ridge Infant and Toddler Program continues to accept referrals.
- To make a referral, contact Holly Ridge Center in any of the following ways:
 - Call toll-free at 800 -449-1660
 - Call Holly Ridge Direct Line – 360-373-236 -leave a message we will get right back to you.
 - Fax 360-373-4934
 - Email: FRC@hollyridge.org
- What services look like:
 - Holly Ridge is providing virtual services through video conferencing (ZOOM) and/or phone calls, with the same high-quality staff as always.
 - Services are provided through coaching, which is one way parents learn strategies to support their child’s development.
 - Research shows that virtual services are as successful as in-person services (example study [here](#)).
 - Services may include:
 - Family Resources Coordination (for all families),
 - Early Education,
 - Speech Therapy,
 - Occupational Therapy,
 - Physical Therapy,
 - Feeding and Nutrition Support,
 - Social Work, and more.
- The benefits to families receiving Holly Ridge services during this time, include:
 - Supporting the child’s development during early brain growth,
 - Learning helpful ideas to use while playing or during daily activities,
 - Stability during a time of uncertainty, for example by having regular services, and
 - Making social connections and links to additional supports.
- Holly Ridge Center is actively working to reduce barriers to access, such as access to interpreters for visits, and providing tablets when families need them.

Additional for pediatricians:

- Please don’t wait and see, Holly Ridge services are available now for children birth to age three, and this is a critical period of brain development
- Information about effectiveness of virtual services can be found [here](#)

- There are a number of [diagnoses](#) that automatically qualify a child for Holly Ridge services. If you are working with a child with one of these diagnoses, please indicate the diagnosis on the referral. This will simplify and speed up the intake process.

Additional for NICU staff and families:

- Many children who have experienced a NICU stay will automatically qualify for Holly Ridge through the program's [qualifying diagnosis list](#). This helps speed up the intake process. Babies who are born prematurely, up to 37 weeks gestation, will automatically qualify.
 - Services will be 100% virtual during this time, so you will not need to worry about exposing your baby to illness.
 - Holly Ridge providers have experience supporting families who have had a baby in the NICU. They can provide coaching for a variety of concerns, including feeding needs, and they can provide emotional support and make connections to other resources.
 - Parents can self-refer
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