Activities I Can Do at Home with My Toddler for



Learning Themes:

Learning Concepts:

Camping and Bugs

Upcoming Holidays: July 4th

Large/body motor imitation; Scooping, fine motor imitation, pretend, in, out, under/over, through; cause and effect

These are not date specific, so you can pick whatever works for your family. You may want to try them all or pick a few favorites to do more than once. The idea is to have fun.

- 1. Make a tent in your house with blankets.
- 2. Take a walk in the woods.
- 3. Snack: Eat a bowl of fresh or frozen berries.
- 4. Sing: Row, row, row your boat and make the arm motions
- 5. Sensory Play: Water table with ducks, rocks, frogs, fish, water wheel, funnel, spoon with holes, spoon, bucket
- 6. Throw a ball at a target, Kick a ball across the yard
- 7. Hide a teddy bear and Go on a Bear Hunt: See Song Listed below
- 8. Pretend Play: Picnic: Dishes, cups, tablecloth, picnic basket or box, fake food
- 9. Read or look at books in your tent
- 10. Snack: Smores trail mix: Teddy Grahams, star cereal, mini chocolate chips, mini marshmallows
- 11. Gross Motor: Run through the sprinkler or wade in a bucket or pool of water
- 12. Collect nature and make a collage: Paint glue all over a piece of paper and put nature on
- 13. Play with flashlights during the day and at night: on, off, dark, light
- 14. Make leaf, pinecone, and stick prints in playdough
- 15. Color a duck and glue on feathers
- 16. Have a picnic for a meal or snack, inside or outside
- 17. Carry a bucket full of rocks or water or dirt (heavy work)
- 18. Snack: Cut watermelon into small wedges, stick a pretzel stick in the end for a handle
- 19. Make binoculars out of two toilet paper rolls
- 20. Go on a walk and look for birds, clouds, airplanes, squirrels with your binoculars
- 21. Gross Motor: Walk like a bear, waddle like a duck, slither like a snake, jump like a frog, fly like a bee
- 22. Make a fishing pole out of a stick and yarn. Practice casting into a bucket of water
- 23. Sensory Play: Bin of nature: Sticks, leaves, pinecones, grass, rocks. Hide toys under nature and have them find them.
- 24. Gross motor: Climb in a stump, log, or fallen tree and jump off, balance on a log or stump
- 25. Go on a scavenger hunt and find the items listed or pictured: pinecone, tree, squirrel, stick, grass, ant, bird, clouds, spider, bug, puddle, dirt, rock, shadow, flower
- 26. Art: Firework painting. Supplies: 3 or 4 toilet paper rolls, waxed paper, paint. Link to the directions. https://www.danyabanya.com/fireworks-painting/
- 27. Roast a hotdog or marshmallows
- 28. Read-Along: Over in the Meadow https://www.youtube.com/watch?v=oj4sGa_gw1Y
- 29. Song: 5 Little Birds https://www.youtube.com/watch?v=ybLsGS3-LBo&list=RDybLsGS3-LBo&index=1
- 30. Visit a park with playground equipment (swing, climb under, climb over, slide)









